



# Taoist Tai Chi Society of Australia

*An incorporated, non-profit volunteer organisation*

[www.taoist.org.au](http://www.taoist.org.au)



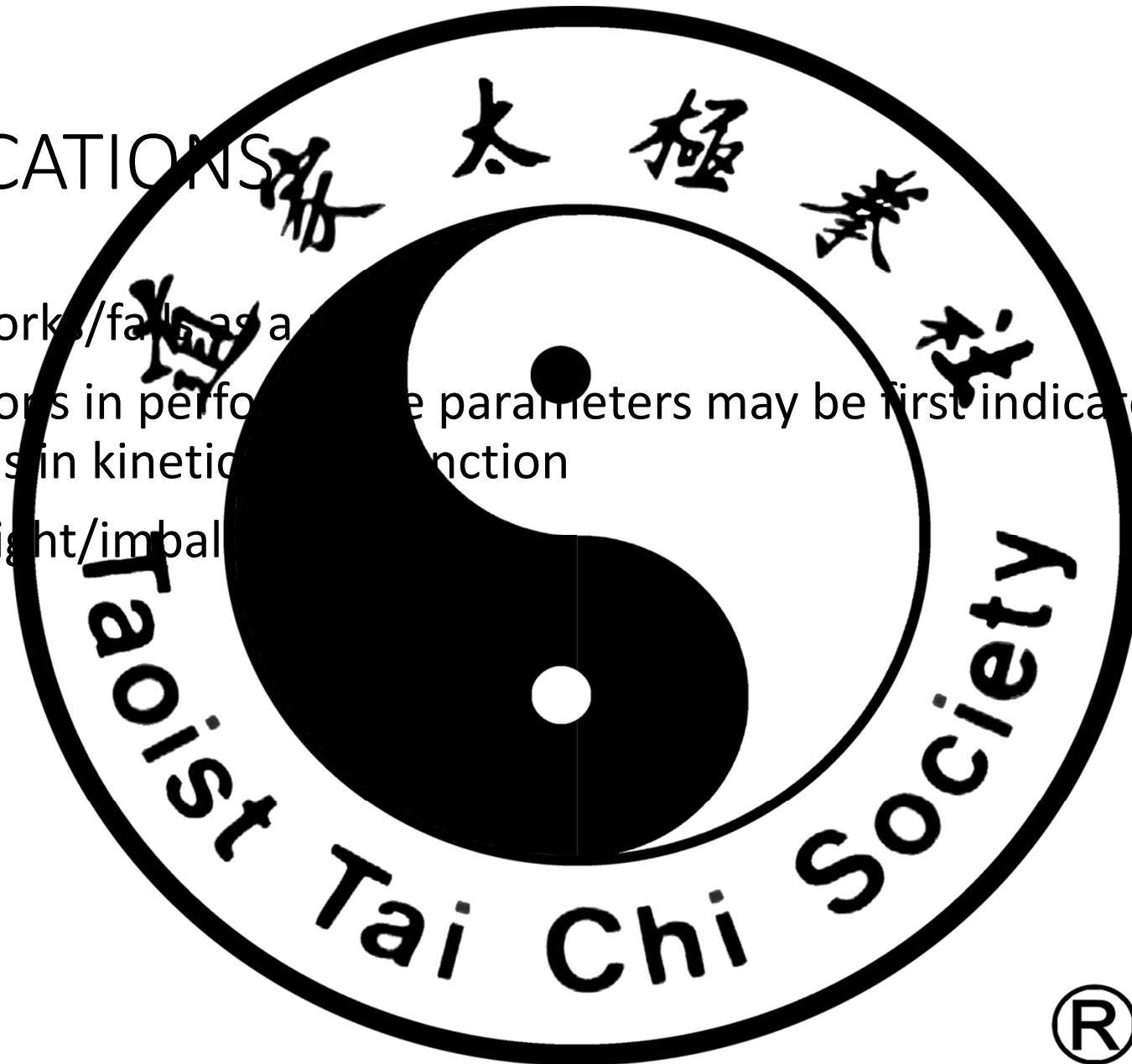


IMPLICATIONS FOR CLINICAL EVALUATION



# IMPLICATIONS

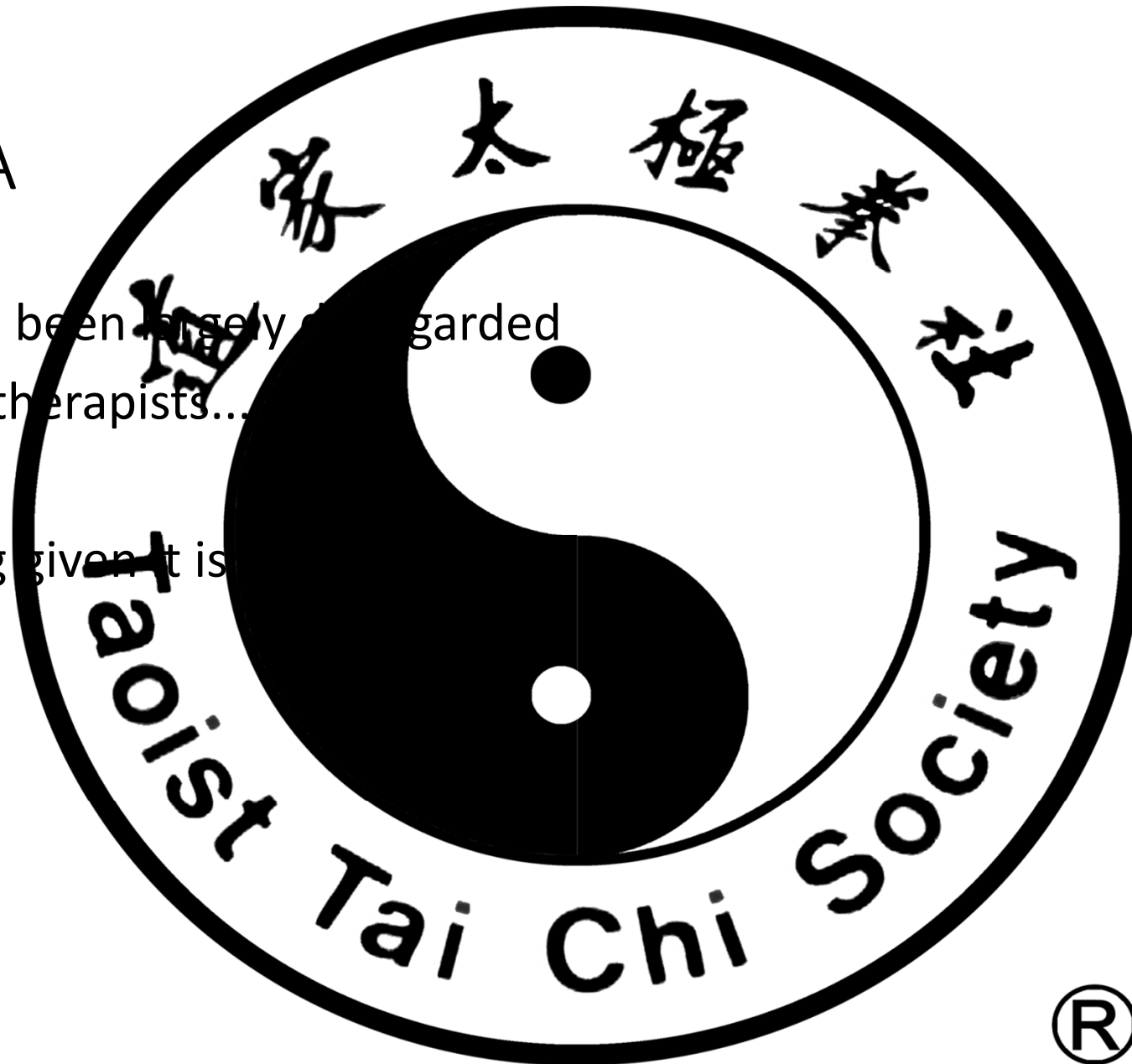
- Body works/falls as a
- Alterations in performance parameters may be first indicators of problems in kinetic function
- Weak/tight/imbalance



# FASCIA

Fascia has been largely disregarded  
by physiotherapists...

mystifying given it is

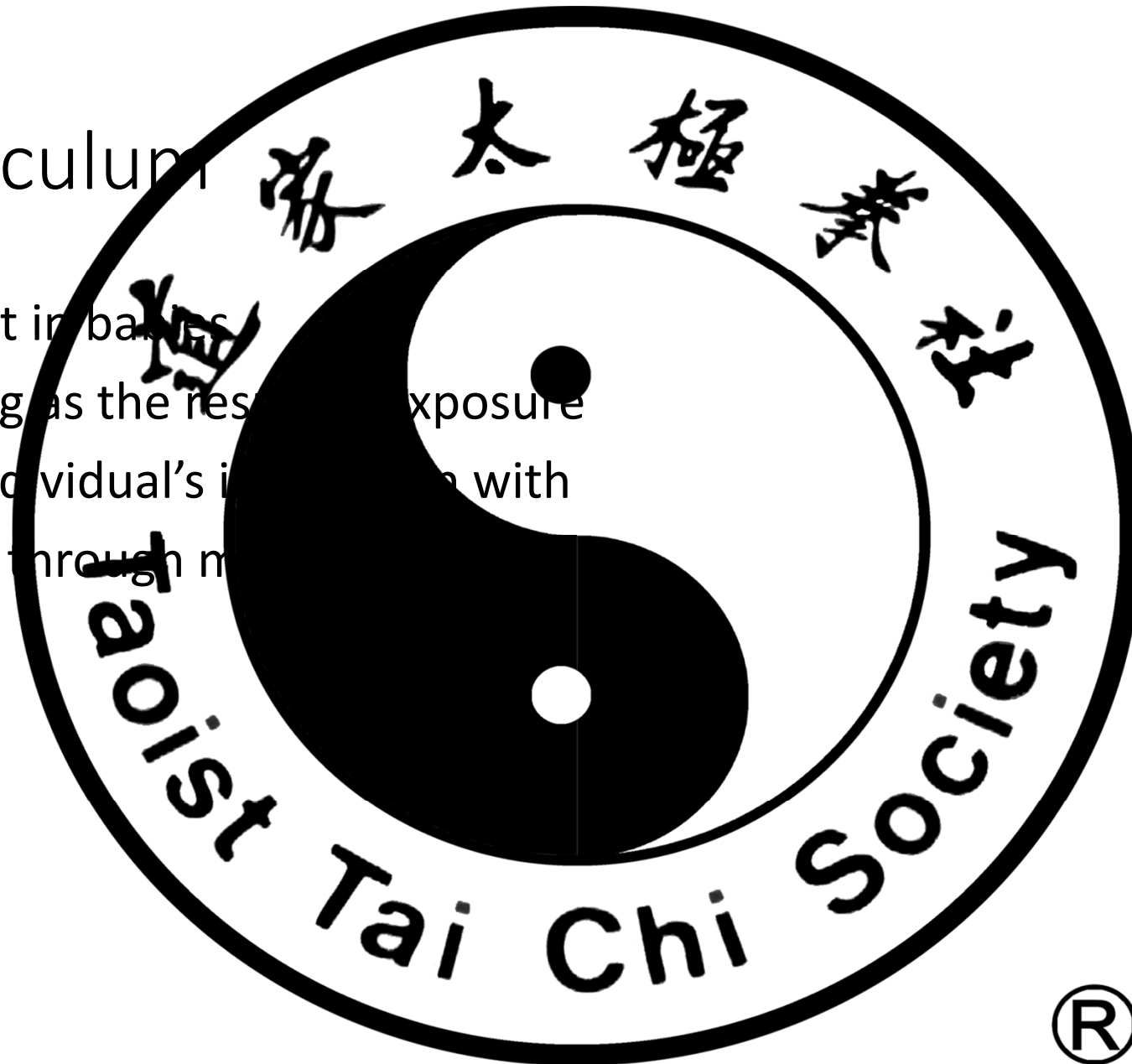


It is so much more than a covering  
or a casing for muscles.  
fascia is highly innervated  
varies individually



Retinaculum

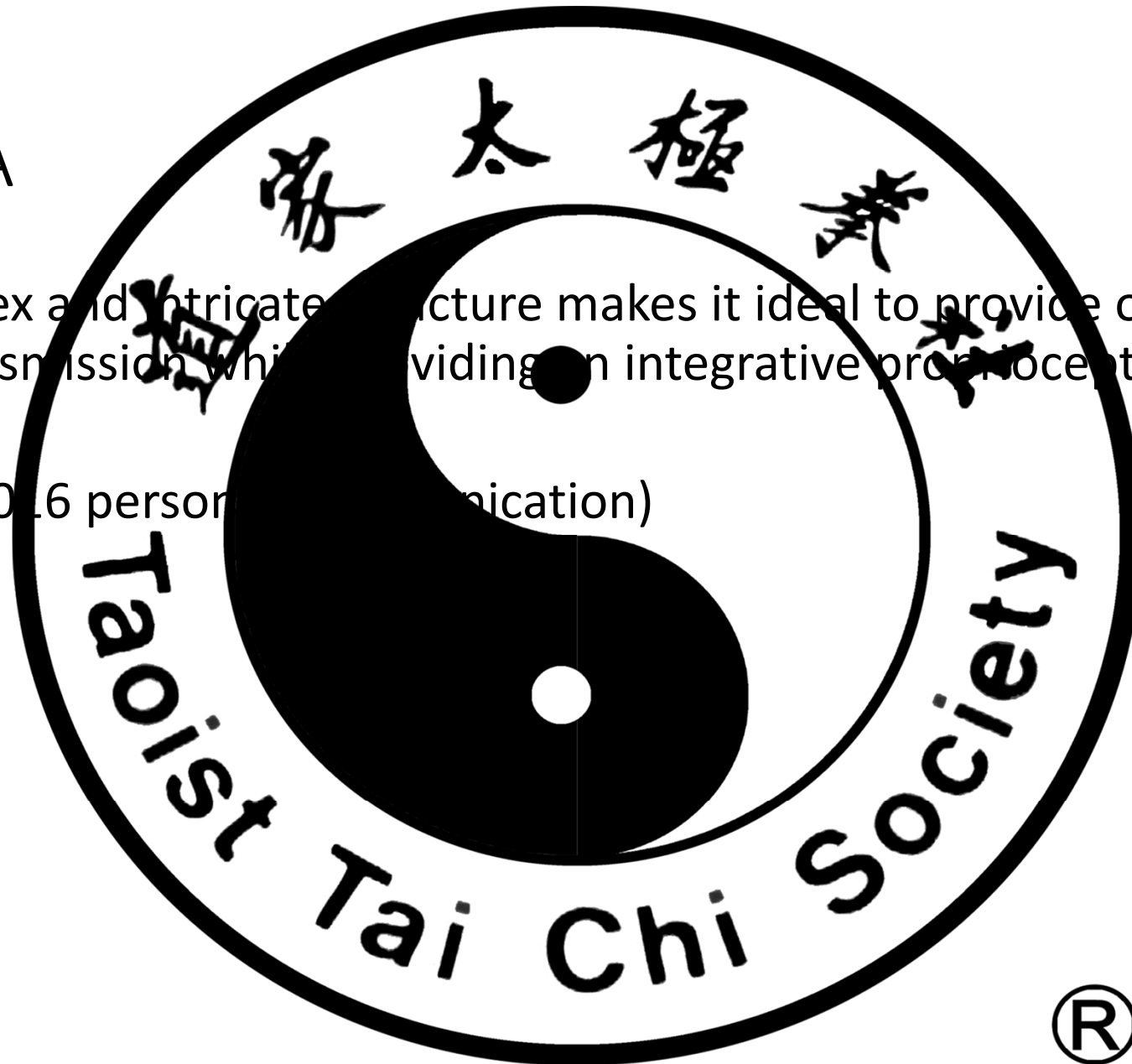
...is absent in babies  
developing as the result of exposure  
to each individual's interaction with  
the world through movement



# FASCIA

Its complex and intricate structure makes it ideal to provide optimal force transmission while providing an integrative proprioceptive role

(Rowan 2016 personal communication)



## References

Kibler WB (2014). Out of the box, but not off the wall.  
Shoulder pathology. Sports Physiotherapy Association.  
Perth, p 39







# Taoist Tai Chi Society of Australia

*An incorporated, non-profit volunteer organisation*

[www.taoist.org.au](http://www.taoist.org.au)







# Taoist Tai Chi Society of Australia

*An incorporated, non-profit volunteer organisation*

[www.taoist.org.au](http://www.taoist.org.au)

